



Danforth/Beaches

## An Introduction to Tai Chi for Beginners

A 10-Week Package starting on Monday, October 7th

Senior Instructor [Patrick Leung](#) will teach this introduction to the fundamentals of Tai Chi Chuan (Taiquan).

Monday Evenings, 7:00 - 8:30 pm starting on October 7th  
at St Barnabas Anglican Church, 361 Danforth Avenue, Toronto  
(in the Upper Hall – enter from Hampton Ave., through the playground)

### Cost

\$30 for the 10-week package

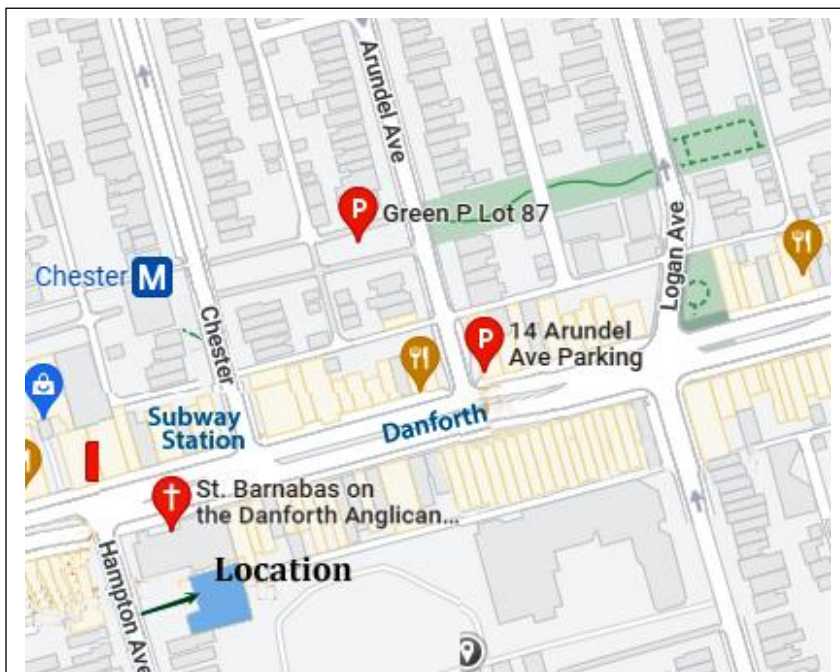
October 7 to December 9

Register at the first class.

Try it out to see if it suits you.

(Note: Oct. 14 is Thanksgiving

Attendance is optional.)



Contact: Silvia

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[www.taichijourney.ca](http://www.taichijourney.ca)

Danforth/Beaches Club

Information and Class Schedule

<https://taichijourney.ca/danforth>